

## 29th and 30th January 2026

## **Day 1: Safeguarding and Mental Health**

09:30-09:45	Welcome and Introduction  Dr Katya Certic, Consultant Community Paediatrician
09:45-10:40	The Bairns' Hoose: Child-Centred Care for Victims and Witnesses of Abuse Frances Gunn, Health Professional Advisor
10:40-11:00	Coffee Break
11:00-11:55	Domestic Abuse and Children's Mental Health Claire Powell, Senior Research Fellow, UCL
11:55-12:50	The Trauma-Related Mental Health of Children in Care: What Do We Know, and What Do Young People Tell Us They Need? Rosie McGuire, Research Associate, University of Bath
12:50-13:50	Lunch
13:50-14:20	Trainee Presentations
After the trainee presentations, we will split into two groups for workshops:	
	WORKSHOP 1: Exploitation in Young People with Neurodivergence Dr. Sarah Hall, The Ivison Trust
	WORKSHOP 2: The Internet and Young People's Mental Health Dr. Emma Blake, Consultant Paediatrician, Isle of Wight
14:30-15:30	Workshop
15:30-15:50	Coffee Break/Group Check-In
15:50- 16:50	Workshop
17:00-18:00	Otto Wolff Memorial Lecture Gwyn Daniel, Systemic Psychotherapist, Palestine Trauma Centre
19:30	Annual PMHA Conference Dinner



16:30-16:45 Closing Comments

## **Day 2: Working Together for Children's Mental Health**

8:45-9:45	PMHA AGM
9:45 - 10:35	Delivering a Family-Focused Intensive Interdisciplinary Pain Management Programme for Adolescents with Chronic Pain Lottie Mayne, Specialist Physiotherapist, Hummingbird Paediatric Chronic Pain Management Programme, GOSH
10:35-11:25	Working Across Teams to Manage Eating Disorders  Dr. Natasha Sauven, Consultant Paediatrician, Royal Cornwall Hospitals
11:25-11:45	Coffee Break
11:45- 12:35	Gateway: Addressing Complex Unmet Needs of Cheshire and Merseyside's Young People with a Clinician-Led, Multi-Agency Model Elizabeth Collins, Lead Provider Collaborative System Programme Manager
12:35-13:25	Joint Special School Clinics for Children with Neurodisability Dr. Amy Taylor, Consultant Community Paediatrician
13:25-14:15	Lunch
After lunch, w	ve will split into two groups for workshops:
	WORKSHOP 1: How to Build a Regional Mental Health Network Southwest Paediatric Mental Health Network
	WORKSHOP 2: Children Living in Hospital Dr. Samantha Jones, RCPCH Officer for Mental Health
14:15-15:15	WORKSHOP
15:15- 15:30	Coffee Break
15:30- 16:30	WORKSHOP